



## **FACIAL INJECTIONS POST-PROCEDURE INSTRUCTIONS**

1. Immediately following the injection you may feel a stinging or aching sensation (try taking acetaminophen/Tylenol)
2. Bruising at the injection site is a commonly reported side effect, especially if you are taking any blood thinners (try gentle massage to the area for 10 seconds, 10 times a day)
3. Temporary swelling & mild bruising is expected, any discomfort should decrease in a few days, try using an ice pack to the area, to help reduce swelling after injection for the first 24 hours, 20 minutes on, 20 minutes off
4. Mild asymmetry early on is very common after injections. Please allow a total of 3 weeks for things to settle and all swelling to resolve
5. Initially, the injection site may feel "firm". Over time, the area will soften, leaving you with a beautiful and natural result
6. Dr. Westawski recommends rest and relaxation after your injection. It is ok to return to your normal activities/routine after a day or so
7. After about an hour, it is okay to wash your face and apply make-up (but do so gently, no strenuous scrubbing or rubbing)
8. Please schedule your 1<sup>st</sup> post-procedure appointment for 2 weeks from today.

First Post Procedure Appointment \_\_\_\_\_

***If you have any questions or concerns, please contact our office!!!!***